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### Original Article

## Induction of Apoptosis in *Toxoplasma gondii* Infected HeLa Cells by Cisplatin and Sodium Azide and Isolation of Apoptotic Bodies and Potential Use for Vaccination against *Toxoplasma gondii*

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#### **Abstract**

**Background:** *Toxoplasma gondii* can infect a wide range of mammals, especially humans. It controls several intracellular signals for the inhibition of apoptosis. This study aimed to investigate the apoptotic effect of cisplatin and sodium azide on *T. gondii* infected HeLa cells and isolate apoptotic bodies (blebs) as a potent stimulator of the immune system.

**Methods:** The cytotoxic properties of cisplatin and sodium azide (NaN<sub>3</sub>) on HeLa cells were evaluated by MTT assay. Moreover, the apoptogenic activity of cisplatin and NaN<sub>3</sub> was studied using flow cytometry (Annexin V/PI double staining) and scanning electron microscopy (SEM). Finally, apoptotic bodies were separated by centrifugation.

**Results:** MTT assay data showed that the survival rate of cells treated with different concentration of NaN<sub>3</sub> was significantly reduced, compared to negative control groups. Concerning cisplatin, only concentration of 20  $\mu$ M had not a significant impact on the cell viability; however, the other concentration of cisplatin significantly reduced cell viability, compared to negative control groups. The level of early apoptosis in uninfected HeLa cells was higher compared to infected HeLa cells treated with cisplatin and NaN<sub>3</sub>. Finally, apoptotic bodies were separated from *T. gondii* infected HeLa cells treated with cisplatin.

**Conclusion:** Apoptosis was induced in both uninfected and infected HeLa cells with *T. gondii* and apoptotic bodies were isolated from infected cells. Therefore, further studies on apoptotic bodies are required in order to find a proper candidate for vaccine preparation against *T. gondii* infections.

## Introduction

*Toxoplasma gondii* is one of the most frequent protozoan parasites which can infect a wide range of mammals, especially humans. Humans are generally infected by *T. gondii* through eating raw meat and undercooked containing tissue cysts or by ingestion of oocysts. Toxoplasmosis is presumably the most regular food-related disease in the most areas of the world (1). Organ transplantation and congenital transmission are also other courses of the infection (2).

*T. gondii* infection can cause stillbirth, abortion and neonatal loss in pregnant women (3). During pregnancy, if an immunocompetent mother is infected for the first time, she may abort her child. *Toxoplasma* could cause a disseminated disease in patients that have impaired T-cell immunity (4). Available medications for prevention and treatment of toxoplasmosis have shown limited efficacy or substantial side effects (5).

*T. gondii* has affected almost one billion individuals worldwide and it is the most common parasitic disease, but no effective therapy has been found in the early stage of this infection (6). Apoptosis is a controlled and programmed cell death, which leads to the elimination of unhealthy cells and retention of healthy environment for cells in the body (7). Intracellular pathogens have evolved various strategies to evade the host immune system. *T. gondii* and its derivatives are able to increase and decrease the gene expression level of IL-10 in a murine model. The question remains to be examined in further study about which molecules are involved in this process. Apoptosis is one of the main mechanisms for eliminating infected host cells. *T. gondii*, an intracellular parasite, is able to cause infection in almost all warm-blooded animals (8). *T. gondii* may prevent the release of cytochrome C from infected cells and hence, suppress the process of internal apoptosis (9). In addition, *T. gondii*

can cause the modulation of apoptosis in infected host cells (10).

*T. gondii* may control apoptosis. It may interfere with signal pathways that regulate cell survival, including caspase 3 activation, PARP-1 or cytochrome C release from the mitochondria. It may also stimulate anti-apoptotic gene expression or prevent expression of pro-apoptotic genes, finally leading to inhibition of DNA fragmentation (11). Cisplatin as a powerful platinum-based antineoplastic agent seems to create inter- and intra-strand DNA adducts which activate signal pathways culminating in apoptosis. This compound has additionally been shown to induce apoptosis through caspase-3 activation and X-linked inhibitor-of-apoptosis protein XIAP expression (12, 13). On the other hand, sodium azide, an inhibitor of complex IV, may induce apoptosis in primary cortical neuronal cells. This is caspase-3-dependent and promotes the release of cytochrome C (14). Caspase-3 is normally placed in the cytoplasm as a precursor. After its proteolytic cleavage by the cytochrome C, it converts caspase-9 and APAF1 complex to their active forms (15). Cisplatin can cause apoptosis and death in HeLa cells. Through this mechanism, it will be able to up-regulate Bax in HeLa cells (16). Apoptosis analysis using electron microscopy can be the best option for studying this mechanism and to distinguish it from necrosis (17).

We aimed to compare the apoptogenic effect of cisplatin and Sodium azide on *T. gondii* infected HeLa cells and also to isolate apoptotic bodies (blebs) as a potent stimulator of the immune system.

## Materials and Methods

This study was conducted in Isfahan University of Medical Sciences in 2016. Approval of Ethics Committee of all patients participat-

ing in the study were obtained IR.Iums.REC. 394228.

### **The HeLa cell line**

The HeLa cell line was provided by Pasteur Institute of Iran. The cells were cultured at 37 °C in Roswell Park Memorial Institute (RPMI1640) (Sigma-Aldrich, USA) containing 100 U/ml of penicillin and 100 µg/ml streptomycin, and supplemented with 10% fetal calf serum (Sigma-Aldrich, USA).

### **Preparation of *T. gondii* tachyzoites**

Virulent RH strain of *T. gondii* was provided from Pasteur Institute of Iran. For parasite propagation, virulent RH strain of *T. gondii* tachyzoites was injected into the BALB/c mice peritoneal cavity. Three days after inoculation, peritoneal fluids were extracted and collected in cold PBS. Centrifugation was performed in order to isolate the tachyzoites.

### **Preparation of cisplatin and NaN<sub>3</sub>**

At first according to MW of cisplatin (300.0 g/mol) and NaN<sub>3</sub> (65.00987 g/mol) 300 mg of cisplatin and 60 mg of NaN<sub>3</sub> were solved in 10ml of DMEM in separate tubes to prepare 100 mM master drug solution then for preparation of each concentration the calculated volume of this master solution was added to culture medium to achieve related final concentration. Master solution of Cisplatin and NaN<sub>3</sub> Should be kept in a tightly closed container, protected from light, and stored at a temperature between 2 and 8 °C.

### **In vitro cultivation of *T. gondii* strains**

Cultivation of *T. gondii* isolated from peritoneal fluid of mice in *HeLa cells* was performed in a 1 to 1 multiplicity of infection ratio (18).

### **Cell viability assay**

The different concentrations of cisplatin and NaN<sub>3</sub> on HeLa cells was examined using MTT assay, in order to select the best concentration with most apoptogenic activity. The diphenyl tetrazolium bromide (MTT) assay

acts based on the conversion of MTT to formazan crystals in living cells which determines the mitochondrial enzyme activity. In the MTT assay, HeLa cells were categorized into three groups: 1. Test group composed of the cells treated with different concentration of NaN<sub>3</sub> (1, 2.5, 5, 10, 15 and 20 µM) in one experiment and different concentration of cisplatin (20, 25, 50, 100 and 200 and 250 µM) in another experiment. 2. The negative control group, including untreated cells. 3. The blank group containing medium without cells. After 24 h of plating 5×10<sup>5</sup> HeLa cells on each well of 12-well plates, the supernatant was replaced with fresh medium containing cisplatin or NaN<sub>3</sub> in different concentration and 10% fetal bovine serum (FBS) (Bovogen, Australia). After 24 h, MTT assay was performed according to the in vitro Toxicology Assay Kit (Sigma-Aldrich, USA) instruction. The optical density was recorded at 570 nm filter by an ELISA microplate reader (Hyperion, USA). Percentage of cell survival was calculated using the following equation:

$$\% \text{ Cell survival} = \frac{\text{Mean absorbance of treated cells} - \text{Mean absorbance of blank}}{\text{Mean absorbance of untreated control} - \text{Mean absorbance of blank}} \times 100$$

### **Annexin V-FITC Assay**

In this step, HeLa cells were grouped into three sets. First set was treated with 25µM cisplatin. The second set was infected with a RH strain of *T. gondii* tachyzoites for 1 h, followed by treatment with 25 µM cisplatin (Toxoplasma+cisplatin 25µM) and the third group was treated with 25µM cisplatin, followed by a 1-hour infection with RH strain of *T. gondii* tachyzoites. The same study design was applied to HeLa cells treatment with NaN<sub>3</sub>. Plates were incubated at 37°C, 5% CO<sub>2</sub>, and 95% humidity. After 12 h, cells in each well were collected by trypsinized and centrifuged. The pellet of each well was resuspended in a final volume of 100 µL in 1x incubation buffer and transferred to the distinct flow cytometric tube. Then, Annexin V-FITC and propidium Iodide (PI) were added to each

tube based on manufacturer's instruction (Roche, Germany). Annexin-V was used to conjugate to the phosphatidylserine of apoptotic cells while necrotic cells were stained with Propidium iodide (PI). The HeLa cells were stained with Annexin V and PI as a control tube and were incubated at 25 °C for 15 min in darkness. After incubation, 500 µL of incubation buffer was added to each tube. Eventually, the HeLa cells were analyzed with a FACS Calibur flow cytometer (Becton Dickinson, USA).

#### *Exterior ultra-structural effects of cisplatin on HeLa cells*

Cisplatin was used to induce apoptosis in HeLa cells. *T. gondii* infected and uninfected HeLa cells were exposed to (25µM) cisplatin for 12 h. Cells were trypsinized and centrifuged at 300 g for 10 min. The pellets were fixed in 2.5% glutaraldehyde for 4 h at room temperature. The fixed cells were washed three times with PBS; 10 min for each time. Then, dehydration process was performed in alcohol ascending grades (50%, 70%, 80%, 90% and 100% V/V) for 10 min. Then, they brought to the critical point of drying by the critical point dryer (S4160, Hitachi, Japan) for thirty minutes. The cells were fixed on a metal scanning electron microscopy (SEM) stub and sputter coated in gold using SEM coating unit (E5100 Polaron, UK). The coated specimen was investigated using scanning electron microscopy (JOEL 64000, Japan) at an acceleration voltage of 15-25 KV.

#### *Bleb isolation from cell culture*

Separation of the blebs was performed using different centrifugation steps. Initially, centrifugation at 300 g was done in order to remove the cells, then, centrifugation of the supernatant at 16500 g for 20 min was performed to collect blebs (19).

#### *Statistical analysis*

Data presented in this work are expressed as mean  $\pm$  SE and experiments were repeated three times. Normality and homogeneity of variance assumptions were checked. Information was analyzed by Social Science Software (SPSS for Windows, ver. 20.0, Chicago, IL, USA). Statistical significance among the experiments was evaluated by one way ANOVA followed by Duncan's multiple range tests. The significance level was set at  $P<0.05$ .

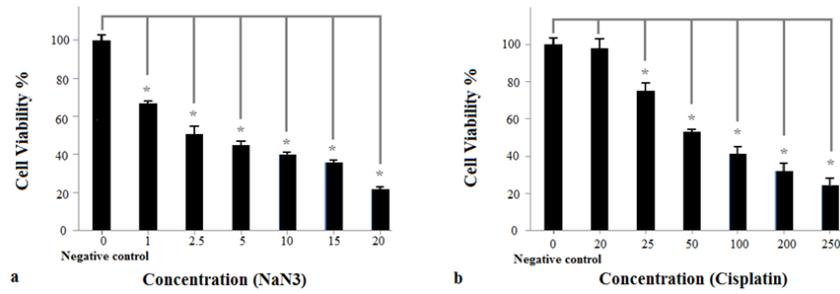
## Results

#### *Cell viability assay*

Cell survival rate in cells treated with all concentration of NaN<sub>3</sub> was significantly reduced, compared to corresponding values in negative control group ( $P<0.05$ ) (Fig. 1-a). Regarding cisplatin, cell survival rate in cells treated with all different concentration was significantly reduced compared to negative control group except cell survival rate related to concentration of 20µM ( $P<0.05$ ) (Fig. 1-b, Table 1).

**Table 1:** Effects of NaN<sub>3</sub> and cisplatin on the viability of HeLa cells

<i>Treatment (NaN<sub>3</sub>)</i>	<i>Negative control</i>	<i>1</i>	<i>2.5</i>	<i>5</i>	<i>10</i>	<i>15</i>	<i>20</i>
Cells viability (mean $\pm$ SEM)	100 $\pm$ 3.01	67 $\pm$ 1.02	51 $\pm$ 4.03	45 $\pm$ 2.30	40 $\pm$ 1.16	36 $\pm$ 1.17	22 $\pm$ 1.28
Treatment (Cisplatin)	Negative control	20	25	50	100	200	250
Cells viability (mean $\pm$ SEM)	100 $\pm$ 3.43	98 $\pm$ 5.10	75 $\pm$ 4.21	53 $\pm$ 1.50	41 $\pm$ 3.98	32 $\pm$ 4.01	24 $\pm$ 4.01



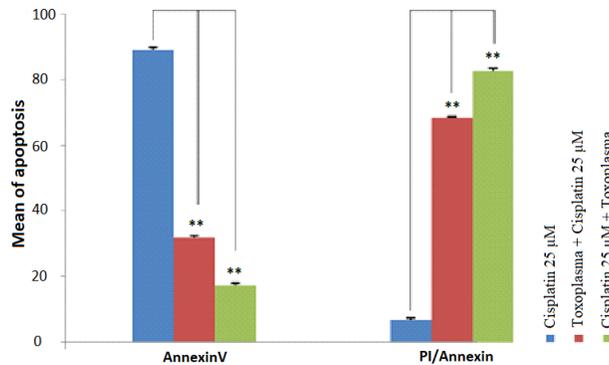
**Fig. 1:** Evaluation of cell viability using the MTT assay

- A)** Effects of various concentrations of NaN3 on the viability of the HeLa cells after 24 h. The viability of the cells treated with various concentrations of NaN3 had significant difference compared to untreated negative control cells ( $*P<0.05$ ). Data are presented as mean $\pm$ SEM of three identical repeats of each experiment
- B)** Effects of various concentrations of cisplatin on the viability of the HeLa cells after 24 h. The viability of the cells treated with various concentrations of cisplatin had significant difference compared to untreated negative control cell except the group that treated with 20 $\mu$ M cisplatin ( $*P<0.05$ ).

### Flow cytometry analysis of apoptosis in HeLa cells after different treatments

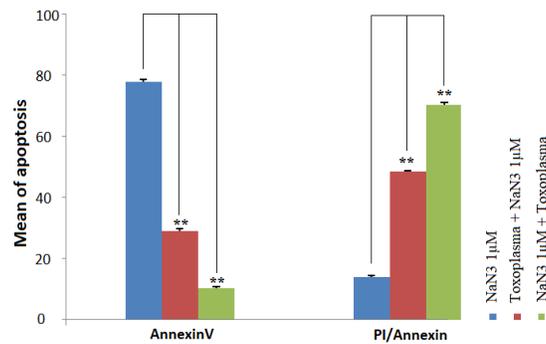
Annexin-V was utilized to detect apoptotic bodies in HeLa cells. We got less than 1% cell death in the untreated control cells. The highest percentage of early apoptosis was observed in the concentration of 25  $\mu$ M of cisplatin (88.9%). Also, the lowest level of necrosis was observed in HeLa cells treated with only 25 $\mu$ M cisplatin (6.6%). When cells first infected by *T. gondii* and then treated with cisplatin,

the early apoptosis rate was significantly decreased ( $P<0.001$ ). When the HeLa cells were first treated with cisplatin and then *T. gondii* was added, the most of the cells undergoing the late apoptosis process (82.7%). Moreover, dot plot diagrams of cisplatin showed that the highest percent of apoptosis was in non-infected HeLa cells (88/9%) (Figs. 2-4). Cisplatin has higher apoptosis rate (88.9%) compared to NaN3, hereafter cisplatin has been used for induction of apoptotic bodies.



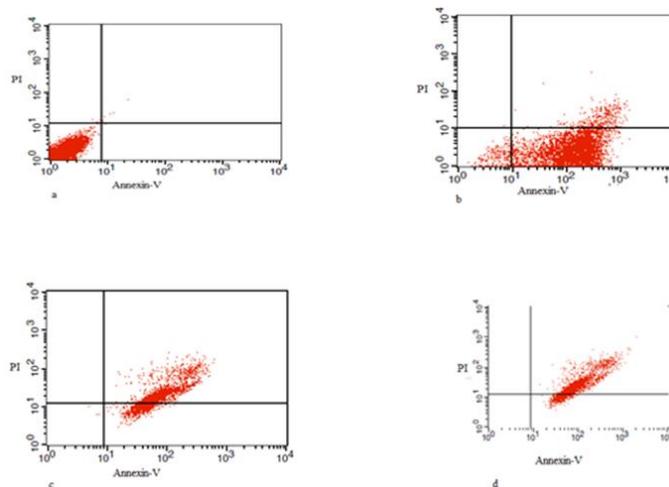
**Fig. 2:** Comparison of the early and late apoptosis in HeLa cells treated with cisplatin, *Toxoplasma*+Cisplatin 25 $\mu$ M and Cisplatin 25 $\mu$ M+*Toxoplasma*

Cells stained with Annexin V represent an early stage of apoptosis. The most cells in the early apoptotic stage were seen in cisplatin-treated cells. However, cells treated with cisplatin 25 $\mu$ M +*Toxoplasma* showed the most level of the late stage of apoptosis. The early apoptosis significantly decreased in *Toxoplasma* +Cisplatin 25 $\mu$ M and Cisplatin 25 $\mu$ M +*Toxoplasma* groups vs. cisplatin group,  $**P<0.001$ . The late apoptosis significantly increase in *Toxoplasma* +Cisplatin 25 $\mu$ M and Cisplatin 25 $\mu$ M +*Toxoplasma* groups vs. cisplatin group,  $**P<0.001$



**Fig. 3:** Comparison of the early and late apoptosis in HeLa cells treated with NaN3, Toxoplasma+NaN3 1µM, and NaN3 1µM + Toxoplasma

Cells stained with Annexin V represent the early stage of apoptosis. The most cells in the early stage of apoptosis were seen in NaN3 treated cells. However, cells treated with NaN3 + *Toxoplasma* showed the most level of the late stage of apoptosis. Early apoptosis significantly decreased in Toxoplasma+NaN3 and NaN3 + *Toxoplasma* groups vs. NaN3 group, \*\* $P < 0.001$ . The late apoptosis significantly increase in Toxoplasma+NaN3 and NaN3 + *Toxoplasma* groups vs. NaN3 group, \*\* $P < 0.001$



**Fig. 4:** Dot plot diagrams of Cisplatin

(a) Dot plot diagrams showed in untreated the HeLa cells as control group; (b) The highest level of early apoptosis 88.9% and late apoptosis 6.6% in the HeLa cells induced with 25µM Cisplatin after 12 h; (c) Dot plot diagrams showed the level of early late apoptosis equal to 68.3% in the HeLa cells treated with the *Toxoplasma* + Cisplatin 25µM after 12 h; (d) The late apoptosis equal to 85.7% in the HeLa cells treated with 25 µM of Cisplatin + *Toxoplasma* after 12 h

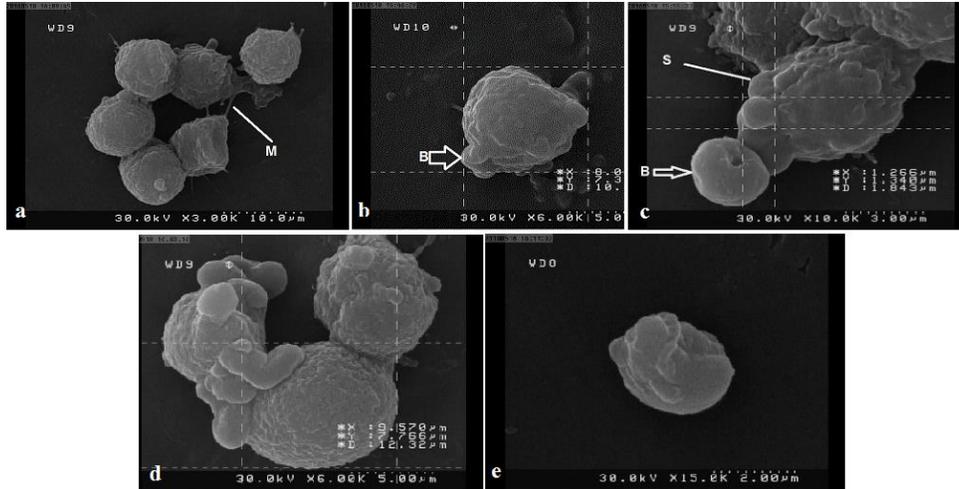
### *Cisplatin affected the ultra-structure of HeLa cells*

The surface ultrastructure of HeLa cells treated with cisplatin was evaluated with SEM. Untreated HeLa cells have shown a restoration of the typical morphological features of cervical cancer cells which include numerous

microvilli on the surface with membrane connections in Fig. 5(a). The effect of cisplatin on *T. gondii* (RH strain) infected HeLa cells and uninfected HeLa cells are shown in Fig. 5(b, c, d). The presence of blebs in cells was an indicator of cell death via apoptosis (Fig. 5). Blebs were isolated from apoptotic HeLa cells.

Although, the occasional existence of rounded cells and blebbing on the cell surface are characteristics of HeLa cells in culture this phe-

nomenon is not common. Here, there is a bleb production process both in *T. gondii* infected HeLa cells and in uninfected HeLa cells.



**Fig. 5:** SEM micrographs of surface ultra-structural characteristics of HeLa cells treated with cisplatin for 12 h (a) Control HeLa cells surface showed the restoration of a typical morphological feature of cancer cell such as numerous microvilli with several membrane connections indicated by white arrow (M). (b) Treated HeLa cells with *Toxoplasma* + Cisplatin (12 h, IC50: 41 $\mu$ gr/ml). (c and d) Treated HeLa cells with cisplatin without *T. gondii* showed distinct morphological changes corresponding to typical apoptosis, including cell membrane blebbing (B) and cytoplasmic extrusions (S) (b, c, d). (e) Blebs were isolated from apoptotic HeLa cells

## Discussion

Almost 25% of the human population is at risk of toxoplasmosis infection (20). This infection, not only may cause abortion in women during their first pregnancy, it can also cause encephalitis and other problems related to the infection in immunocompromised individuals (21). *Toxoplasma* is an obligate parasite in all vertebrates that can infect all nucleated cells (22). *Toxoplasma* controls several intracellular signals for the inhibition of apoptosis. This process will lead to the parasite survival in cells and interfere with the effective immune response against parasites (23). In fact, *T. gondii* has several strategies for inhibiting the initiation of the apoptotic cascade (9). We have shown that the apoptosis rate was higher in uninfected compared to infected HeLa cells. In parasites, the mechanism of inhibition of apoptosis is not clear. Upregula-

tion of pro-apoptotic proteins and inhibition of NF $\kappa$ B, AP1, and their target genes may lead to induction of apoptosis in HeLa cells (24). Upregulation of the expression of anti-apoptotic Bcl- 2 family members and inhibitors of apoptosis (IAP) can occur via infection with *Toxoplasma* (25). Additionally, it controls several cellular pathways to establish an anti-apoptotic environment (23). Apoptosis will be inhibited in *T. gondii* infection through inactivation of caspase and NF- $\kappa$ B activation in cells (26). Another study also confirms our data in regards to decreasing in apoptosis rate in infected compared to uninfected cells (27).

Based on our results, NaN3 and cisplatin showed the ability of apoptosis induction in HeLa cells. Cisplatin induces apoptosis using cell cycle arrest in G1 phase (28). The cytotoxic assay showed NaN3 leads to less cell viability compared to cisplatin. Cisplatin led to more cell viability compared to other com-

pounds (24). Early and late apoptotic cells were measured by flow cytometric analysis after double staining with FITC-conjugated Annexin V and PI (29). Our results showed that treated HeLa cells by cisplatin and NaN<sub>3</sub> could induce apoptosis in both infected and uninfected cells. We demonstrated that concomitant infection with *T. gondii* reduced cisplatin and NaN<sub>3</sub> induced apoptosis. The cisplatin and NaN<sub>3</sub> induced apoptosis in treated population was 88.9% and 77.7%, respectively. On the other hand, cisplatin and NaN<sub>3</sub> induced apoptosis in *T. gondii* infected HeLa cells was as much as 31.7% and 28.9%, respectively. *T. gondii* may control apoptosis in induced astrocytes by cisplatin (27). When the cells treated with both actinomycin-D (AD) and *T. gondii*, early apoptotic cells are fewer than the cells treated only by actinomycin-D (AD) (26). Conjugated linoleic acid could lead to apoptosis in RH strain *T. gondii* infected HeLa cells and has an anti-toxoplasma function on tachyzoites (18). In the current work, morphological studies show some evidence in regards to cisplatin treatment which leads to an apoptotic phenomenon. SEM was applied to take precise information about changes in the cell surface such as erosion surface microvilli, production of apoptotic bodies and membrane connections in the infected HeLa cells after treatment with cisplatin. Signs of apoptosis in HeLa cell were in accordance with another experience (30).

In this work and for the first time SEM technique has been used to assess the infected HeLa cells by *T. gondii*. *Toxoplasma* sustain itself in cells using different survival mechanisms such as inhibition of apoptosis (11). Commentary of SEM electro-micrograph showed distinct morphological changes similar to a typical cellular surface morphology of apoptosis including cell membrane blebbing, microvilli disappearance or reduction and separation of apoptotic bodies (30).

Induction of apoptosis in infected cells leads to ultra-morphological changes. Apoptotic bodies are direct byproducts of apoptosis and

cross-priming through them has been demonstrated previously, to be relevant in antiviral and tumor immunity. The lytic function of CD 8 T cells, performed through MHC I and CD1 and also by cross-presentation of intracellular pathogen antigens has been facilitated by apoptosis as a survival mechanism to enhance anti-bacterial immunity in the cells (31). The immunization with apoptotic cells was examined in tumor models in order to induce a cytotoxic immune response (32). In another study, immunization with apoptotic phagocytes containing heat-killed *Histoplasma* activated CD8<sup>+</sup> T cells was examined (33). Utilization of the apoptotic bodies derived from *T. gondii* infected HeLa cells can be used as a vaccine to stimulate the cross-priming mechanism. Various products that contribute to increase apoptosis and improve immune responses might be able to increase our resistance against invading parasites.

## Conclusion

Apoptosis induces effects of cisplatin and NaN<sub>3</sub> on infected HeLa cells. Finally, apoptotic bodies were isolated from *T. gondii* infected HeLa cells. Regarding the role of apoptotic body in cross-priming, there is a potential use for vaccine preparation against *T. gondii*. Further studies required in order to examine the vaccination of mouse model by apoptotic bodies a crucial step, before performing initial *clinical trials* in humans.

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## Conflict of interest

The authors declare that there is no conflict of interests.

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